

fessor of dermatology at NYU Medical Center in New York City.

● **Brighten up.** Need a boost for drab skin? Try a homemade honey mask. "Honey is a natural healer and humectant, perfect for post-sun exposure," says Joyce Carboni, spa director for Skinsational Skin & Body Spa in San Diego. Strawberries are loaded with skin-brightening vitamin C—blend five of them with three tablespoons honey until the consistency is super smooth. Apply to clean, dry skin; rinse after 5 to 10 minutes.

● **Get buff.** Douse a wet washcloth with moisturizing body wash to cleanse, exfoliate and hydrate all at once, suggests Ranella Hirsch, M.D., a dermatologist in Cambridge, Massachusetts. (But replace the cloth after each use.)



3 FIXES FOR Common Summer Flubs

Soothe sunburned skin. "Freeze aloe-vera gel in ice cube trays, then gently rub them over sun-exposed skin to cool down fast," suggests Carboni.

Whiten stained nails. If self-tanner stains your nails, soak them in denture cleaner for a few minutes instead of scrubbing them and stressing about orange cuticles, says Dr. Hirsch.

Treat infected feet. Audrey Kunin, M.D., a Kansas City-based dermatologist, says to use antifungal foot cream to help prevent

Try 'em! 6 Look-Healthy Essentials

Makeup bag, meet your new best friends!



CLARINS INSTANT LIGHT COMPLEXION PERFECTOR, \$28, clarins.com. Delivers radiant skin at lightning speeds.

FEKKAI WASH & WEAR, \$20, neimanmarcus.com. This featherweight spray dry-cleans strands, lifting away gunk and sopping up oil with grapefruit extract.



REVLON INSTANT NAIL GLOSS, \$7.99, drugstores. With a conditioning blend of oils and antioxidants like vitamin E, this portable pen makes nails look instantly polished.



MARK. JUST PINCHED INSTANT BLUSH TINT, \$6, meetmark.com. Sheer gels that make your cheeks flush faster than an embarrassing moment.



MAYBELLINE NEW YORK EXPERT EYES EYE MAKEUP REMOVER TOWEULETTES, \$4.99, drugstores. Don't let their soft exterior fool you: those oil-free towelettes

will dissolve your eye makeup in seconds. www.maybelline.com



TOO FACED TANNING BED IN A TUBE, \$22.50, sephora.com. It may be a gradual self-tanner, but it offers immediate gratification, thanks to a built-in bronzer and skin-softening oils.