



Q Kate Hudson's makeup always looks so pretty. What does she use?

A "Kate prefers products with subtle tones," says L.A. makeup artist Leslie Lopez, who created the star's look (left). For a soft glow, Lopez dusted on I.D. Bare Minerals All-Over Face Color in Warmth (\$20; 800-227-3990). Then she applied Vincent Longo loose face powder to lashes and layered three coats of mascara on top. Finally, she gave the lips a subtle tint with Smith's Rosebud Salve (\$5.50; beauty.com) and Prescriptives Deluxe lip pencil.

From left: Vincent Longo loose face powder in Golden Banana, \$40; vincentlongo.com. Prescriptives Deluxe lip pencil in Ginger, \$18.50; prescriptives.com. Maybelline Great Lash in Very Black, \$5.15; at drugstores.

Q What are sulfates, and should I use a sulfate-free shampoo?

A Sulfates are salt-and-sulfuric-acid compounds that help shampoo to lather and pick up dirt so it can be rinsed away, explains Audrey Kunin, a dermatologist in Kansas City, Mo. High in drying alkalines, sulfates can irritate the scalp and strip color, so if you have a sensitive scalp or color-treated hair, Kunin recommends avoiding them. Try sulfate-free formulas like Terax Delicato, Burt's Bees Color Keeper or Freeman Pure Color Fresh (\$5; at drugstores).

From left: Terax Delicato shampoo, \$20; beauty.com. Burt's Bees Color Keeper Green Tea & Fennel Seed shampoo, \$8; burtsbees.com.

