



# 50 LIFE-CHANGING BEAUTY BUYS

*Happiness guaranteed!*

We handpicked the hottest miracle-products on the planet right now. Seriously, if these don't put a smile on your face, nothing will



Kylie doesn't do spots. Unless it's on her couture

## 1 KYLIE'S SKIN SECRET

What we wouldn't give for Kylie's amazing complexion (though, to be honest, we'd settle for her beautiful French boyfriend). Anyway, her secret? **Yon-Ka's Phyto 58** (£32, 020-7518 8370) – a detoxifying and rejuvenating night cream that protects against free-radicals and oxygenates the skin, meaning you get to work a nice peachy glow no matter what crisis you're going through.

## 2 SUPER SCRUB

Introducing **DERMADoctor**, a hot new skin range just in from the US, with products to fix every skin hang-up you can think of. We love **KP Duty Scrub** (£31, available at Selfridges and Fenwicks). It's the only scrub on the market designed solely to get rid of those annoying 'chicken skin' bumps on the backs of your arms and thighs.

## BUBBLIEST BATH TREATS

When you've got a post-Christmas cob on, only bubbles will do

- 3 **L'Occitane's Honey Harvest Extra Foaming Bubble Bath** £13.80 (SKINSTORE.CO.UK)
- 4 **The SPA Hot Water Bottle Bath Foam** £8 (0845-302 1234)
- 5 **Philosophy The Fragrance 3-in-1 Shampoo, Shower Gel & Body Wash** £14.50 (0870-990 8452)
- 6 **The Sanctuary Kyphi Nourishing Bath Elixir** £6.45 (BOOTS.COM)
- 7 **Dove Softening Silk Bath** £3.49 (0800-085 1548) ▷



## WHAT MAKES ME HAPPY...

My eyelash curlers and lipgloss. But, being a Holistic Therapy student, I reckon having a massage is the ultimate indulgence. Tanya Hulse, 25, Cheshire