

SUMMER SKINCARE



LEADING DERMATOLOGIST AND CREATOR OF DERMADOCTOR, DR AUDREY KUNIN, GIVES HER TOP FIVE EXPERT TIPS ON SUMMER SKINCARE.

1. BEAT THE HEAT! (and the cold)

Sun avoidance and wearing a broad spectrum SPF 30 daily will keep your skin looking youthful much longer than anything else you can possibly do.

Moving from winter into spring/summer, it's time to remove dead skin cells (think dry, flaking skin). That means both chemical and physical exfoliation in order to maximize results.

Once your skin is re-hydrated and healthy, it's also a good idea to switch up the base of formulations. Use serums and lotions rather than heavy ointments and creams that can clog pores, leading to acne and enlarged pores.

TRY:

DERMAdoctor Body Guard SPF 30

For Face & Body

Smarter than your average sunscreen, Body Guard also boasts a blend of antioxidants like Green Tea and grease-repelling Sebum Sequestering Micro-Particles™ to save skin from a day in the sun.

\$25 (4 oz)

DERMAdoctor Physical Chemistry

Want the best of both cosmeceutical worlds?

Try this single-step treatment that combines a high-potency multiacid chemical peel with polymer microdermabrasion for super smooth results. \$75 (1.7 oz)



2. THE TROUBLESOME TWENTIES

In your 20's, the aging process is kicking into gear. UV damage plays a big role when it comes to aging. While women lose 1% of the skin's collagen each year from the age of 40 on, think of all those women in their early 30's who are already looking older than their age. This is the time to get into a skin rejuvenation program to keep what you've got and maintain it.

TRY:

Garnier Nutritioniste - Ultra-Lift Anti-Wrinkle Firming Moisture Cream with SPF 15

You need more explanation than the product name? This moisturizer tackles dryness, wrinkles, roughness and signs of aging by improving skin's resilience and increasing moisture renewal. \$14.99

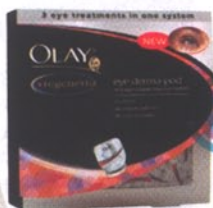
Olay Regenerist - Eye Derma-Pod Anti-Aging Triple Response System

This at-home treatment is a triple-threat to aging around the eyes - it resurfaces, decongests puffiness and fills lines and wrinkles for healthy, youthful-looking eyes.

\$24.99 (for pack of 24)

Olay Body - Age Transform Body Crème Serum

Tired of uneven color? Loss of elasticity? Make yourself younger in the morning with Olay Body. It contains a powerful antioxidant defense complex—including grape seed extracts and green tea—which fights the signs of body aging, leaves you all kinds of moisturized, and keeps your skin at its velvety best to boot. \$6.99 (10 fl. oz)



Visit www.dermadoctor.com for no-nonsense advice and info on all the products you need to achieve healthy, beautiful skin.