

SUMMER PROBLEM SOLVERS

Whether you're battling bug bites or need to soothe a sunburn, *Us* has the answers to your hot-weather skin woes

HOW TO TREAT BACK ACNE

- Remove dead-skin buildup without irritating acne-prone skin with a gentle exfoliating body wash, says celeb dermatologist Ava Shamban.
- To keep pores clog-free, smooth on a glycolic acid-based treatment like DDF Glycolic Body Lotion (\$42, skinstore.com). Avoid benzoyl peroxide, as it may bleach clothes.

Peter Thomas Roth Blemish Buffing Beads Body Wash uses rounded exfoliating spheres. (\$22, sephora.com)

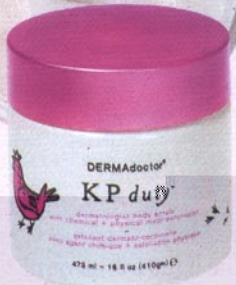
PETER THOMAS ROTH

BLEMISH BUFFING BEADS
CLINICAL CARE
NEW
8.5 FL. OZ. / 250 ML

HOW TO SMOOTH ARMS & LEGS

- When skin cells block hair follicles on the back of arms and thighs, it can result in dry, rough patches and tiny red bumps (a condition called keratosis pilaris). To treat, gently slough the areas with a body scrub that also contains a chemical exfoliant like salicylic or lactic acid.
- To soften skin, moisturize arms and legs daily. Try Lacti-care Lotion (\$16, amazon.com).

Dermadoctor KP Duty Dermatologist Body Scrub uses lactic acid. (\$44, dermadoctor.com)



BRITTANY SNOW

How does the *Hairspray* star keep her skin glowing? "I use ProActiv, Epicuren and Dermalogica products," Snow has said.

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